

FACIAL BAR & SPA

SPA MENU



Remedy Facial Bar and Spa provides esthetics services and massage therapy in the heart of downtown Halifax. This beauty salon atmosphere is sure to please with its talented skin therapists, massage therapists, and self serve facial bar, complete with a liquor license. We specialize in couples' appointments, large parties, and, of course, you! The **dermalogica**[®] product line attracts the most serious skin care connoisseurs. We pride ourselves on being Halifax's most friendly spa. You are sure to leave Remedy glowing with a smile! Treat yourself, you deserve it!

We love to party.
Private party bookings
are available.

We host bridal parties,
stagettes, birthday parties,
and team building.
Bring your friends, cameras
and music.

Please call
for details.

Our **dermalogica**® Facial Treatments are personalized to suit your skin's unique needs. The consultation and face mapping procedure provides the therapist with a detailed view of your skin's condition.

The Face Treatment (Tx)

\$75 \$ 60 mins

This skin treatment includes an in-depth skin analysis, cleansing, exfoliation, aromatherapy massage, serum, masque, toner, eye Tx & moisturizer. All our treatments are customized to your skin needs.

The Ultimate Face Treatment

\$90 \$ 90 mins

Includes all steps of the face Tx with added targeted treatment time and massage techniques. AMAZING!

The Back Cleanse

\$55 \$ 45 mins

Let us treat this hard to reach area to clear breakouts or hydrate the skin.

The Face Add Ons

\$30 \$ 25 mins

These micro-treatments are fabulous for maintenance in between skin treatments or added on to any skin Tx.

- § Eye Rescue
(brighten, firm and revitalize)
- § Lip Renewal
(smooth your smile)
- § Hand Repair
(heal rough hands)
- § Flash Exfoliation
(resurface, smooth, brighten)
- § Blackhead Relief / Extractions
(clear and prevent breakouts)
- § Rapid Spot Clearing
(speedy breakout recovery)



THE SKIN CLINIC

The Consultation

\$25 \$ 30 mins

This is your first step to achieving your skin care goals. This is an in-depth skin consultation with a skin therapist who will create a treatment plan to achieve the best results.

(Amount will be used towards your first skin treatment)

The Dermalinfusion

\$150 \$ 30 mins

A non-invasive skin rejuvenation procedure offering advanced exfoliation & delivery of condition-specific topicals. Four formulas to choose from — clarifying for acne, hydration for dry skin, Vitamin C for detoxification and Lumixyl for hyper pigmentation.

The Lactic Peel

\$59 \$ 30 mins

This treatment contains 30% lactic acid to achieve a hydrated, smooth face-lift feel. Absolutely amazing.

The Face Series

Pre-purchase any four face Tx's, and receive the fifth for free!

THE FACIAL BAR

*The Facial Bar is what makes Remedy famous! Join us while we teach you how to perform your very own facial. Using **dermalogica**® skincare products we teach you how to cleanse, tone, exfoliate, apply a masque, steam, apply a finishing cream, and perform massage techniques. This is super fun with a group! We will choose your facial; no experience necessary.*

All Self Serve Facials:

\$30 \$ 45 mins

Blemish Buster (acne Tx)

Super Clean (congested, oily skin)

Safety Skin (sensitive, sensitized)

Fortunate Face (normal skin)

Hydrating Healer (dry skin)



Our **Registered Massage Therapists** can help you find relief from tension, stress and aching muscles. Increase blood circulation and improve your emotional and physical well being with one of our therapeutic massages. We offer direct billing with most Blue Cross health plans.



THE MASSAGE CLINIC

The Relaxation Massage

\$50	\$	30 mins
\$65	\$	45 mins
\$80	\$	60 mins
\$115	\$	90 mins

The Aromatherapy

\$80	\$	60 mins
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The Deep Tissue

\$85	\$	60 mins
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The Hot Stone

\$90	\$	60 mins
\$120	\$	80 mins



THE BODY Tx

The Season Scrub

\$60 \$ 45 mins

This exfoliation Tx will change with the season, with harmonizing scents to smooth you all over.

The Mineral Salt Scrub

\$60 \$ 45 mins

Completely customized to either energize or reduce stress.

The Power Recovery Therapy

\$80 \$ 60 mins

An intense wrap therapy dedicated to feeding your skin with the nourishment it needs.

The Nourishing Sea Mud Therapy

\$80 \$ 60 mins

Draws out impurities, smooths skin, and provides all over toning.

The Deep Thermal Therapy

\$90 \$ 90 mins

This treatment detoxifies, de-stresses and relaxes by using a unique fabric stamp. Deep heat relieves aching muscles and works to rebalance the body.

An exfoliation is included, followed by a hydrating wrap that will nourish and soothe, leaving you satisfied with a sensation of royalty.

The Rescue Me Toning Wrap

\$80 \$ 60 mins

A firming cactus wrap that feels more plumping than prickly.

The Berries and Bliss

\$80 \$ 60 mins

Scrubbed with honey & sugar, wrapped with hydrating honey, and finished off with strawberry shea butter.



The Chocolate Cocoon

\$80 \$ 60 mins

Scrubbed with sweet cream sugar, wrapped in chocolate mud, and finished with whip cream shea butter. Yummy!

THE WAX

Brow	\$18	§ 15 mins	Full Arm	\$40	§ 45 mins
Lip	\$10	§ 10 mins	Half Leg	\$30	§ 30 mins
Chin/Sides of Face	\$13	§ 15 mins	Full Leg	\$60	§ 60 mins
Underarms	\$15	§ 15 mins	Chest/Back	\$40	§ 30 mins
Bikini	\$30	§ 15 mins	Tummy	\$15	§ 15 mins
French Bikini	\$35	§ 20 mins	Buttox	\$20	§ 15 mins
Brazilian	\$50	§ 30 mins	Half Leg/Bikini	\$57	§ 45 mins
Full Monty	\$55	§ 30 mins	Full Leg/Bikini	\$75	§ 60 mins
Manzilian	\$75	§ 60 mins	Brow & Lip	\$25	§ 20 mins
Half Arm	\$30	§ 25 mins	Brow, Lip & Chin	\$30	§ 25 mins

We at Remedy are waxing gurus.

Yes, we use both the best of hard and soft wax.

Yes, we are super spotless, and yes, we never double dip.

THE TINT

Brow Tint \$15 § 15 mins

Lash Tint \$28 § 30 mins

Lash/Brow Tint \$35 § 30 mins

Brow Tint/Wax \$25 § 20 mins



JANE IREDALE MAKE-UP

Known as The Skin Care Makeup, the Jane Iredale make-up line is so safe and beneficial to use that it is recommended by plastic surgeons and dermatologists throughout the world. This make-up combines the most up to date colors with skin care benefits that conventional make-up lines can only envy.

Non-comedogenic,
virtually no
allergy risk,
sensitivity tested

Anti-inflammatory;
helps to calm & soothe
irritated skin

Broad-spectrum
UVA and UVB
protection
(up to SPF 30)

Up to
80 minutes
water resistance

Make-up Application

\$40 \$ 30-45 mins



Make-up Lesson

\$50 \$ 60 mins

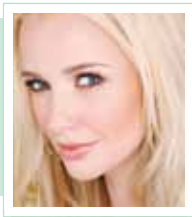


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THE LASHES

MISENCIL EYELASH EXTENSIONS

Permanent lashes applied directly on your natural lashes offer you longer, thicker lashes that last as long as you wish.

Super Star

\$250 \$ 2hrs

Star Look

\$150 \$ 60 mins

\$50 \$ 30 min touch up

\$25 \$ +15 min touch up


misencil®



A DAY AT THE SPA

The Vibe

\$75 \$ 90 mins

This sweet little primping package is even more fun with a friend. The Facial Bar, Brow Wax and The Hands.

Treat yourself or someone you love

The Bronze Goddess

\$95 \$ 60 mins

Bourbon Bubbler body scrub, full application of Tantiasia and take home self tanner.

The Girls Night Out

\$115 \$ 2 hrs 30 mins

The Facial Bar, The Hands with Shellac add-on, Make-up Application, & Martini or Mocktail.

The Unwind

\$155 \$ 2 hrs 45 mins

The Hands with paraffin, The Feet, and The Face Tx.

The Ten Years Younger

\$170 \$ 2 hrs 45 mins

The Ultimate Face Tx, Rescue Me Cactus Toning Wrap, and Make-up Application

The South of the Border

\$175 \$ 2 hrs 30 mins

The Feet, Lash Tint, Brazilian, and Full Leg wax.

The Indulge

\$185 \$ 3 hrs

Feel amazing with a Face Tx, One Hour Massage & The Feet.

The Ultimate Escape

\$240 \$ 4 hrs

Our most indulgent package! The Ultimate Face Tx, The Hands, The Feet and One Hour Aromatherapy Massage Bliss.



THE NAILS

The Hands

\$40 \$ 60 mins (with paraffin \$45)

Nail shaping & buffing, full cuticle work, scrub, hot towel, massage and perfect polish.

The Feet

\$60 \$ 75 mins (with paraffin \$65)

Soak, nail shaping, buffing, full cuticle work, callous removal, scrub, hot towel, massage and perfect polish.

Quick Hands

\$25 \$ 30 mins

Nail shaping, scrub, hot towel and perfect polish.

Quick Feet

\$35 \$ 30 mins

Soak, nail shaping, scrub, hot towel & perfect polish.

Add French polish \$5 \$ 10 mins

Add Shellac polish \$20 \$ 15 mins

14 day wear, zero dry time, no nail damage.

POLICIES & REWARDS

Call and book an appointment for your spa services.

Please notify us of health conditions, medications, allergies or pregnancy.

24 hours cancellation notice must be given. Last minute changes or missed appointments are billed at 50%.

Prices do not include HST or gratuities. Leaving gratuities for work well done seems to be the norm, but is, of course, optional. Most range from 15-20% of the full price.

Gift certificates are available in any denomination or spa package. Surprise a friend today! Gift certificates are non-refundable. We are not responsible for lost or stolen gift certificates & they do not include gratuities.

Prices subject to change without notice; please verify when booking.

Refer to www.RemedySpa.com for more details.

REWARDS PROGRAM

Remedy now offers spa dollars for all purchases. Redeem them for your favourite products & services.



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The Coast

BEST OF HALIFAX

Readers' Poll Winner

- ★ Best Mani/Pedi — 3 years
- ★ Best Aesthetician — 2 years